

Coaching topics

Application and appointment processes

- Document review
- Sharpening your academic profile in your cover letter
- Steps from application to appointment
- Clarifying your negotiating position
- Negotiation training for appointment negotiations

Next career steps

- Reflecting on your strengths and weaknesses
- Developing new career prospects, within or outside KIT
- Positioning and visibility at the institute

Presentation training

- Conference contribution
- Interview training (for panel discussions or media appearances)
- Science talk in front of appointment committees

Conflict situations

- Conflicts of all kinds, mediation for stubborn cases
- Clear and effective communication
- Conducting difficult conversations (e.g., feedback, criticism)

Leadership issues

- Dealing with leadership responsibility and decision-making
- Leadership in change processes (change management)
- Dealing with resistance in the team
- Developing an authentic leadership style
- Motivating and inspiring teams
- Delegation and trust in employees

Work-life (out of) balance

- Prioritization and efficient decision-making
- Effective delegation and saying no
- Dealing with stress and high workloads
- Work-life balance and self-care
- Dealing with pressure and your own expectations

If you are interested in a coaching, please contact Anka Schneider: anka.schneider@kit.edu